

## CHAPTER 2

### PERSONAL APPEARANCE

#### A. GENERAL:

Uniform: Neat, clean, pressed, in good condition, zipped or buttoned.

Footwear: Shined (including heels and edge of the soles) and in good condition.

Watch: Conservative. (Definition: holding to traditional attitudes & values etc.)

Bracelet: If worn, the bracelet will be conservative (moderate, being within reasonable limits; not excessive or extreme) (which is defined as plain, not drawing attention or faddish) in design, no wider than ½ inch, gold or silver in color, and will not have any inappropriate pictures or writing.

Rings: A maximum of three at any one time (includes both hands).

Earrings: Male cadets -- **will not wear while in uniform.**

Female cadets: small spherical (round), conservative, diamond, gold, white pearl, or silver. Pierced or clip on earrings may be worn while in uniform. They must fit tightly without extending below the earlobe. Only one (1) earring per earlobe.

Eyeglasses and Sunglasses: Must be free of ornamentation on frames and lenses. Conservative, clear, slightly tinted, or photosensitive lenses indoors or in formation. Conservative lenses and frames outdoors-faddish styles and mirrored (i.e. aviators/HPD) lenses are prohibited. Also, sunglasses will not be worn in formation. Eye glasses are not to be worn around the neck or up on top of head while in uniform

Pencils and pens: Concealed (except on ABUs; see Chapter 7).

Cellular phones, headphones and earphones are prohibited.

Necklaces: Concealed under collar or undershirt. This means if people can see it (the necklace), it's not concealed.

Lipstick/Nail polish/Cosmetics:

Male cadets: **Will not wear lipstick/nail polish/cosmetics while in uniform.**

Female cadets: Single color (compliments skin tone). No decorations (i.e. glitters); nails will not exceed ¼ inch; cadets will not wear shades of

lipstick/nail polish that distinctly contrast with their complexion, that detract from the uniform, or that are extreme. Some examples of extreme colors include but are not limited to: purple, gold, blue, black, bright (fire-engine) red, and fluorescent colors. French Tips are allowed. Cosmetics will be conservative and in good taste.

Hair nets: Will not be worn when in uniform.

Wigs: Male cadets: **Will not wear while in uniform.**

Female cadets: Must be in conformance with the same standards required for natural hair. Must not exceed limits stated for natural hair.

B. **FEMALE CADET HAIR GUIDELINES:** (Figure 1 & 1a, Attachment 1 & 2)

Hair will be:

Clean, well groomed and neat. If dyed, it will look like natural hair color.

Styled to present a professional (define as engage in a specified activity; as one main paid occupation rather than a past time activity) appearance. It will be styled to permit proper wear of the headgear. This means that the hair should not be too full or high on the head.

Plain, conservative pins, combs, headbands, elastic bands and barrettes, similar to the individuals hair color are permitted to keep the hair in place. Hair ornaments, such as ribbons or jeweled pins will not be worn.

Hair will not:

Contain an excessive amount of grooming aids (greasy creams, oils or sprays).

Touch eyebrows when groomed or protrude below the front band of properly worn headgear.

Exceed 3½ inches in bulk or prevent proper wear of headgear. (Note: “Bulk” means the distance that the hair projects from the scalp when groomed as opposed to length of hair.)

Worn in an extreme fad or style. Also, hair will not extend below the bottom edge of the blouse collar at the back of the neck. Even if you wear a ponytail (PT uniform), your hair must not hang below this point. Basically, if your hair hangs below the bottom edge of your collar, on the sides and back, you are in violation of these guidelines.

C. **MALE CADET HAIR GUIDELINES:** (Figure 2, Attachment 1)

Hair will:

Be clean, well groomed and neat. Must not contain excessive amounts of grooming aids (greasy creams, oils or sprays.) If dyed, it will look natural.

Have a tapered appearance on both sides and back. A tapered appearance is one that when viewed from any angle, outlines the individual's hair so it conforms generally to the shape of the skull. Block cut permitted with tapered appearance.

Cleanly shaven heads, military high-and-tight, or flat top haircuts are authorized.

Hair will not:

Be worn in an extreme style, fad style, or in such a way that exceeds length and bulk standards.

Touch the ears or eyebrows and only closely cut or shaved hair on the back of the neck may touch the shirt collar. Hair will not protrude below the hatband of properly worn headgear.

Exceed 1¼ inches in bulk. (Note: "Bulk" is the distance that the hair projects from the scalp when groomed.) The bulk and length of the hair must not interfere with the proper wear of headgear.

Contain or have any visible foreign items attached to it.

Beards: **Will not be worn while in uniform.**

Sideburns:

Will be neatly trimmed and tapered in the same manner as the haircut. Will be straight and of even width (not flared) and end in a clean-shaven horizontal line.

Will not extend below the bottom part of the ear orifice.

Mustache: Will not extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from the corner of the mouth.

D. **TATTOOS, BODY PIERCING AND EARRING WEAR:**

Unauthorized (content): Tattoos/brands anywhere on the body that are obscene, advocate sexual, racial, ethnic or religious discrimination are prohibited.

Inappropriate (image): Excessive tattoos/brands will not be exposed or visible while in uniform. Excessive is defined as any tattoo/brand that exceeds 1/4 of the exposed body part and those above the collarbone and readily visible when wearing an open collar uniform.

Body piercing: When in uniform, cadets are prohibited from attaching, affixing or displaying objects, articles, jewelry or ornamentation to or through the ear, nose, tongue or any exposed body parts (includes being visible through uniform).